

*The* ROYAL MARSDEN

NHS Foundation Trust

The Royal Marsden Conference Team

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# Acute Pain and Persistent Pain After Surgery

12-13 December 2019

The Royal Marsden Conference Centre, Stewart's Grove, London SW3 6JJ

[www.royalmarsden.nhs.uk/conferences](http://www.royalmarsden.nhs.uk/conferences)

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# Acute Pain and Persistent Pain After Surgery

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Dear Colleague

The pain management team at the Royal Marsden Hospital has developed a new series of four conferences for 2019.

These Conferences cover all aspects of modern pain practice including cancer pain, chronic pain and acute pain, as well as the latest developments in the use of Opioids (12th Royal Marsden Opioid Conference).

We have gathered together prominent speakers from the UK and around the world to provide the most stimulating talks on these aspects of pain management.

We cordially invite you to attend these conferences, which will be beneficial for all medical and nursing practitioners involved in the management of pain, palliative care and anaesthesia.

Kind regards from the organiser:

**Dr John Williams**

Consultant in Pain Medicine  
The Royal Marsden NHS Foundation Trust

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## Conference Aim

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The aim of this conference is to provide an update on the latest issues in acute pain and persistent pain after surgery. Day 1 will cover some of the latest controversies in acute pain management including use of epidurals, and psychological approaches, as well as covering the development of acute pain teams and reviewing the evidence for best acute pain practice. Day 2 will concentrate on the problem of persistent pain after surgery. The causes of this problem, the latest preventative strategies and treatments will be presented.

We hope that this conference will provide a concise update on the latest developments in acute and persistent pain after surgery, and look forward to welcoming you in December 2019.

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# Programme of Events

## Thursday 12th December

09:15 – 09:20	<b>Introduction</b>	Dr John E Williams
09:20 – 10:10	<b>Mechanisms of acute and Persistent Pain</b>	Professor Steve Hunt Professor of Molecular Neurobiology, UCL
10:10 – 10:55	<b>The Opioid Crisis and its implications for Acute Pain</b>	Dr John E Williams Consultant in Pain Medicine, The Royal Marsden NHS Foundation Trust
10:55 – 11:15	<b>Coffee</b>	
11:15 – 12:00	<b>Modern Acute Pain Teams; how has the service developed and what is the future?</b>	TBC
12:00 – 12:45	<b>Treatment of Acute Pain; lessons from Cochrane Reviews</b>	Dr Dominic Aldington Consultant in Pain Medicine, Hampshire Hospitals
12:45 – 13:00	<b>Q &amp; A</b>	
13:00 – 13:50	<b>Lunch</b>	
13:50 – 14:35	<b>Epidurals for Major Surgery; a dying technique?</b>	Dr Rohit Juneja Consultant Anaesthetist, The Royal Marsden NHS Foundation Trust
14:35 – 15:15	<b>Opioid-free anaesthesia; implications for acute pain</b>	Professor Patrice Forget Clinical Chair in Anaesthesia, Institute of Applied Health Sciences, School of Medicine, Medical Sciences and Nutrition, University of Aberdeen
15:15 – 15:35	<b>Tea</b>	
15:35 – 16:05	<b>Acute Pain Management in Critical Care Units</b>	Dr Paul Farquhar-Smith Consultant Anaesthetist, Pain Medicine and Critical Care, The Royal Marsden NHS Foundation Trust
16:05	<b>Closing Remarks</b>	

## Friday 13th December

09:15 – 09:20	<b>Introduction</b>	Dr Paul Farquhar-Smith
09:20 – 09:55	<b>Poorly controlled postoperative pain; prevalence, consequences and prevention</b>	Dr Kenneth Anderson Anesthesiology / Pain Control Specialist, Copenhagen, Denmark
09:55 – 10:40	<b>Opioids for postoperative pain and chronic non-malignant pain</b>	Professor Roger Knaggs Associate Professor in Clinical Pharmacy Practice, University of Nottingham
10:40 – 11:00	<b>Coffee</b>	
11:00 – 11:40	<b>Prevention of persistent pain after breast surgery: the surgeons perspective</b>	Miss Fiona MacNeill Consultant Breast Surgeon The Royal Marsden NHS Foundation Trust
11:40 – 12:20	<b>Epidemiology of pain after surgery</b>	Professor Patricia Lavand'homme Professor of Anaesthesiology Cliniques Universitaires St Luc University Catholique of Louvain Brussels, Belgium
12:20 – 13:20	<b>Lunch</b>	
13:20 – 14:00	<b>What the Public and Health Care Professional should know about pain after surgery</b>	Dr Matt Brown Consultant in Anaesthesia and Pain Management, The Royal Marsden NHS Foundation Trust
14:00 – 14:30	<b>Persistent pain after Caesarian section</b>	Dr Brenda Daly Consultant Anaesthetist, Belfast Health and Social Care Trust, Belfast
14:30 – 15:00	<b>Total Intravenous anaesthesia vs. inhalational anaesthesia; which has the better outcomes?</b>	Dr Tim Wigmore Consultant Intensivist, The Royal Marsden NHS Foundation Trust
15:00	<b>Closing Remarks</b>	

